



BLACK DOG INSTITUTE

BOOK SHORTLISTED FOR AWARD

'Journeys with the Black Dog', the latest book from the Black Dog Institute, has been shortlisted for a 2007 Human Rights Award. The book, edited by Tessa Wigney, Kerrie Eyers and Professor Gordon Parker, charts the journey through depression, from the confusion of onset, through to diagnosis, relapse and eventual management. The book highlights a diverse and inspiring range of coping strategies. The Human Rights & Equal Opportunity Commission will announce the 2007 Medal and Awards on 10 December in Sydney. There are categories for seven different types of media or public service awards. The book *'Journeys with the Black Dog'* is one of the entries in the 'Arts Non-Fiction Award' section. (The Human Rights & Equal Opportunity Commission [HREOC] was established in 1986 and its goal is to foster greater understanding and protection of human rights in Australia and to address the human rights concerns of a broad range of individuals and groups).