

## NEWS RELEASE

BLACK DOG INSTITUTE



### **BOOK WINS HUMAN RIGHTS AWARD**

*'Journeys with the Black Dog'*, the latest book from the Black Dog Institute, has received a *Highly Commended Award* from the Human Rights and Equal Employment Commission (HREOC). The book was an entry in the Arts Non-Fiction Award section of the 2007 awards. Editors Tessa Wigney, Kerrie Eysers and Professor Gordon Parker, accepted the award from the President of the HREOC, the Honorable John Von Doussa, QC, on behalf of the 634 contributors who tell their stories in the book. The editors have skillfully chartered the journey through depression, from the confusion of onset, through to diagnosis, relapse and eventual management and highlights a diverse and inspiring range of coping strategies. The HREOC was established in 1986 and its goal is to foster greater understanding and protection of human rights in Australia and to address the human rights concerns of a broad range of individuals and groups.

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