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IMAGINE BEING TRAPPED IN A WORLD WITHOUT COLOUR. THAT'S HOW DEPRESSION WILL LEAVE 1 IN 4 AUSTRALIAN WOMEN AND 1 IN 6 MEN. TO HELP SUFFERERS BETTER UNDERSTAND AND MANAGE THEIR CONDITION WE'VE LAUNCHED DepEd, AN ONLINE DEPRESSION EDUCATION PROGRAM. IT'S DESIGNED TO PROVIDE BETTER ASSESSMENT AND MANAGEMENT OF MOOD DISORDERS, WHICH WILL HELP ENSURE NO-ONE IS OVER OR UNDER TREATED. IF YOU, A FRIEND OR FAMILY MEMBER HAVE BEEN AFFECTED BY DEPRESSION, THIS NEW SERVICE COULD BE THE FIRST STEP BACK TO A LIFE OF COLOUR.

YOU'LL FIND IT AT WWW.BLACKDOGINSTITUTE.ORG.AU

BLACK DOG INSTITUTE

