



### Depression Module: Dealing with Difficult Consultations in General Practice

<b>Duration</b>	3 hours
<b>Accreditation</b>	<ul style="list-style-type: none"><li><input checked="" type="checkbox"/> Accredited by the RACGP as Mental Health (MHST ongoing) – <i>formerly Level 1 ongoing</i></li><li><input checked="" type="checkbox"/> Cat 1 ALM (40 QA&amp;CPD points) <b>only</b> when combined with a second BDI Mood Disorder Management Module workshop</li><li><input checked="" type="checkbox"/> May be undertaken as Cat 2 activity accruing 2 points per hour</li><li><input checked="" type="checkbox"/> ACRRM 7 points</li></ul>
<b>Pre-requisites</b>	Pre-disposing activity must be completed and submitted prior to the event
<b>Program Aims</b>	The lecture aims to promote awareness, understanding and management of the factors leading to difficult consultations. The factors range from practice process issues to unrecognised depressions that can relate to various behavioural styles in the patient and their impact on the doctor. There is also input on how to address these situations without getting 'caught up' in the issues causing the difficulties.
<b>Learning Outcomes</b>	By the completion of this Program, participants will be able to: <ul style="list-style-type: none"><li><input checked="" type="checkbox"/> Describe what types of issues make a consultation difficult for a general practitioner</li><li><input checked="" type="checkbox"/> Identify red flags for risk behaviours in past and present history</li><li><input checked="" type="checkbox"/> Review issues concerning management of time and content of GP interview</li><li><input checked="" type="checkbox"/> Use motivational interviewing to effectively communicate with patients.</li></ul>
<b>Program Calendar</b>	All dates for our training programs are posted on our website.
<b>More Information</b>	General Practice Education Project Officer Tel: 02 9382 8518 Email: <a href="mailto:k.denton@blackdog.org.au">k.denton@blackdog.org.au</a>