



BLACK DOG INSTITUTE

General Practice Education and Training

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Demystifying Depression: Managing Depression in General Practice

Duration	6-hours
Accreditation	<ul style="list-style-type: none"><input checked="" type="checkbox"/> 40 RACGP QA&CPD points in total or 7 ACRRM PDP points for participants who complete predisposing activity and reinforcing activity requirements.<input checked="" type="checkbox"/> Approved by the General Practice Mental Health Standards Collaboration (GPMHSC) for Mental Health Skills Training (MHST), formerly Level 1 initial
Pre-requisites	Completion of pre-reading and predisposing activity
Program Aims	The Program aims to provide general practitioners and GP registrars with an understanding of the Black Dog Institute's model of depression, as well as the necessary tools to manage consultation with patients who present with depression, and the skills to create a Mental Health Care Plan and use item numbers 2710, 2712 & 2713
Learning Outcomes	By the completion of this Program, participants will be able to: <ul style="list-style-type: none"><input checked="" type="checkbox"/> Describe the Black Dog Institute's model of depression<input checked="" type="checkbox"/> Use a patient- centred approach to develop Mental Health Care Plans for depressed patients<input checked="" type="checkbox"/> Use the Psychological toolkit to assist assessment and management of depressed patients<input checked="" type="checkbox"/> Identify appropriate pharmacological and non-pharmacological management for subtypes of depression<input checked="" type="checkbox"/> Incorporate systems into practice for identifying and managing patients at risk of self harm
Program Calendar	All dates for our training programs are posted on our website.
More Information	Katie Denton General Practice Education Project Officer Tel: 02 9382 8518 Email: k.denton@blackdog.org.au

www.blackdoginstitute.org.au