

MOOD ASSESSMENT PROGRAM



The Mood Assessment Program, or MAP, is a world-first computerised assessment and diagnostic tool for mood disorders. It provides GPs and psychologists with an information base for diagnostic decisions for patients with a mood disorder. The MAP is based on the Black Dog Institute sub-typing model of depression and is able to identify the severity of depression, subtype the mood disorder (including bipolar disorder), define personality style and identify comorbid anxiety diagnoses. The availability of online MAP assessments will assist GPs and patients in rural and regional areas in particular.

HOW DOES IT WORK?

Upon clinician referral, the assessment process involves a patient with a mood disorder entering information into the computer program for approximately 45- 60 minutes. Several MAP sites are currently available across NSW. Assessments will be available through a secure online format from mid-2010. These assessments will continue to require referral from a patient's treating clinician. MAP assessments are provided at no cost to patients or to referring clinicians.

WHO IS IT FOR?

Clinicians may refer patients who satisfy the following criteria:

- the patient has a mood disorder diagnosis, or meets possible criteria for such a diagnosis. The patient must have experienced at least one depressive episode;
- the patient is over the age of 18; and
- the patient is able to concentrate for up to an hour whilst using a computer to answer the questionnaire.

THE MAP REPORT

Once the patient completes the assessment, the submitted information is transferred to the Black Dog Institute and processed through sophisticated diagnostic algorithms, resulting in the production of a comprehensive report. The report is forwarded to the referring clinician only.

The MAP report covers current and previous depressive history, functioning, probability of a unipolar or bipolar disorder diagnosis, as well as the depressive sub-type (e.g. melancholic or non- melancholic). Recommended treatment guidelines accompany the main report and assist the development of:

- an informed diagnosis;
- an effective management strategy; and a
- Mental Health Treatment Plan for general practitioners.

MAP report data are indicative, not definitive, particularly as they are based entirely on self-report, and thus key issues should be clarified by the managing clinician.

MAKING REFERRALS

You must be registered to refer patients to undertake a MAP assessment. A registration form is overleaf. Upon registration, you will receive an information pack, and be allocated a unique access code for online assessment referrals.

FURTHER INFORMATION

Visit the Institute's website

Email us at MAP@blackdog.org.au

Phone us on 02 9382 9258

WWW.BLACKDOGINSTITUTE.ORG.AU

MAP REGISTRATION

FAX TO 02 9382 9265



I wish to register to refer patients to undertake MAP assessments.

ONE FORM SHOULD BE COMPLETED FOR EACH LOCATION AND EACH PROVIDER NUMBER

(Please use block letters)

Title

First name

Last name

Gender M/F

Field: (Circle): General Practitioner Psychiatrist Psychologist

Practice Name:

Address:

Postcode:

Address where MAP report should be sent (if different to above):

Postcode:

Special Postal Instructions (if required):

I use email at my practice. Email address:

I am interested in receiving MAP reports electronically.

Provider Number:

Psychologist registration number:

A separate form should be completed for each provider number and location.

Psychologists should provide **both** Provider and Registration numbers

Telephone Number:

Fax:

I wish to receive quarterly electronic newsletters from the Black Dog Institute.

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Supported by NSW Health

Note on privacy: Information provided to the Black Dog Institute will not be sold or traded to any other person under any circumstances.

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