



BLACK DOG INSTITUTE

General Practice Education and Training

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Perinatal in Practice: Managing Perinatal Mood Disorders in General Practice

Duration	6-hours
Accreditation	<ul style="list-style-type: none"><input checked="" type="checkbox"/> 40 RACGP QA&CPD points in total or 7 ACRRM PDP points for participants who complete predisposing activity and reinforcing activity requirements.<input checked="" type="checkbox"/> Approved by the General Practice Mental Health Standards Collaboration (GPMHSC) for Mental Health Skills Training (MHST), formerly Level 1 initial
Pre-requisites	Completion of pre-reading and predisposing activity
Program Aims	This workshop aims to introduce GPs to the current understanding of perinatal mood disorders and its management, using lecture, case studies and interactive exercises.
Learning Outcomes	<p>This workshop will cover:</p> <ul style="list-style-type: none">• Understanding the common psychosocial stressors affecting new parents• Using screening tools to identify women at risk in the perinatal period.• Diagnosing perinatal mood disorders in general practice• Assessing the impact of perinatal mood disorders for the mother, her baby and her partner.• Undertaking a risk benefit approach to the use of antidepressant medication in the perinatal period.• Developing a comprehensive management plan for women with perinatal mood disorders
Program Calendar	All dates for our training programs are posted on our website.
More Information	<p>Katie Denton General Practice Education Project Officer Tel: 02 9382 8518 Email: k.denton@blackdog.org.au</p>

www.blackdoginstitute.org.au