



## MELANCHOLIC DEPRESSION TREATMENT TRIAL

The Black Dog Institute is currently running a treatment trial for individuals who are currently experiencing melancholic depression. The trial consists of three separate treatments which include: individual Cognitive Behavioural Therapy; OR treatment with an antidepressant; OR treatment with a combination of psychotropic medications. **Please note: you will be randomly allocated to one of these treatment groups.** The purpose of this trial is to investigate the most effective treatment option for individuals with melancholic depression.

If you are:

- Aged between 18 and 65
- Able to commit to a twelve week treatment program
- Not currently taking any antidepressant medication
- Not currently, and have not participated in Cognitive Behavioural Therapy (CBT) for 1 year
- Not currently pregnant or breast feeding
- Interested in participating

Please contact Bianca by phone 9382 9268 or email: [melancholicstudy@unsw.edu.au](mailto:melancholicstudy@unsw.edu.au)