



MEDIA ALERT

***Attention Chief of Staffs
News Editors and Health/Medical Reporters***

With one million young people in Australia dealing with mental health problems, the Black Dog Institute has responded to an urgent call for help.

**The Institute has produced a new book titled:
NAVIGATING TEENAGE DEPRESSION – A guide
for parents and professionals.**

NSW Governor, Her Excellency Professor Marie Bashir AC CVO will launch the book. Supporting speakers include co-editors Professor Gordon Parker and Kerrie Eyers, while personal stories will be provided by, Estelle Dragun, a parent tragically affected, and Nic Newling, a young man who has triumphed over depression.

Date: Thursday 1 October, 2009

Time: 11.00am

**Location: Black Dog Institute Building
Cnr Hospital Road & Francis Martin Drive
Prince of Wales Hospital
Randwick, 2031**

Parking: Available outside building

**For further information contact Ian Dose, Black Dog Institute Media Manager
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