

Bernard J. Carroll, M.B., B.S., Ph.D., FRC Psych.

Biosketch

Dr. Bernard Carroll is Scientific Director of the Pacific Behavioral Research Foundation, a non-profit California foundation that promotes research and community education in mental health. A native of Australia, where he completed his medical and psychiatric education, Dr. Carroll has taught on the faculties of the University of Pennsylvania (1971 to 1973), the University of Michigan, Ann Arbor (1973 to 1983), and Duke University (1983 to 1998). He served as Chair of the Department of Psychiatry at Duke University Medical Center from 1983 to 1990, and as Chief of Staff of Duke University Hospital from 1988 to 1990. From 1991 to 1998, Dr. Carroll returned to full-time clinical research as Clinical Director of the Geropsychiatry Institute of John Umstead Hospital and as Director of the Duke University Mental Health Clinical Research Center for Depression in Late Life. He is now Emeritus Professor of Psychiatry and Behavioral Sciences at Duke University Medical Center. Dr. Carroll is widely known as a clinical consultant, and he is listed in The Best Doctors in America.

Dr. Carroll has served in leadership positions of many professional societies, including terms as President of the Psychiatric Research Society, the Society of Biological Psychiatry, and the American Psychopathological Association (APPA). He has served as Councilor of the American College of Neuropsychopharmacology (ACNP), and the CINP (Collegium Internationale Neuro-Psychopharmacologicum).

Dr. Carroll received continuous funding of his research program from the National Institutes of Health from 1976 through 1998. He has made major contributions to research on the biology and treatment of depression. He is best known as a pioneer of the neuroendocrine research strategy for depression, and as developer of the field of laboratory markers in psychiatry. He is also known for his conceptual analyses of mood disorders, especially for the Carroll-Klein model of bipolar disorder. Dr. Carroll's research on the psychometric assessment of depression resulted in the widely used Carroll Depression Scales, with many international translations. He has also guided the development of two new mood scales, the Scale for Manic States and the Mood Dimensions Scale, that are now in field testing. Dr. Carroll has received numerous academic and research awards.

Dr. Carroll is widely consulted on the development of drugs for depression, bipolar disorder, psychosis, Alzheimer's disease and geriatric anxiety-agitation. He has served as a consultant to many State, Federal and international agencies, including a term as Chairman of the Psychopharmacologic Drugs Advisory Committee of the US Food and Drug Administration (FDA). Dr. Carroll is also widely sought as a lecturer on mental health topics, especially the biology, treatment and assessment of mood disorders.

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