



THE UNIVERSITY OF  
NEW SOUTH WALES



BLACK DOG INSTITUTE

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## SEEKING VOLUNTEERS MILD BRAIN STIMULATION

Researchers are investigating mild brain stimulation as a treatment for depression and potential alternative to medication and electroconvulsive therapy. Very weak currents are used to stimulate the brain. The stimulation is painless with no known serious side effects, and the person is fully awake and alert during the 20 minute treatment sessions. Participants will receive diagnostic testing as well as the treatment, and will be required to attend the Black Dog Institute from Monday to Friday for 3 to 6 weeks.

### MAIN CRITERIA:

- People aged 18-65
- People who have been experiencing feelings of depression for at least 4 weeks prior to study entry,
- Mild brain stimulation may be either as a first-up treatment, or as an alternative for those who have not recovered with antidepressant medication

### WHY PARTICIPATE?

- Free, confidential treatment
- Expert assessment
- Treatment conducted on an out-patient basis
- All participants will receive some active treatment over the trial sessions

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**Anyone who meets the criteria is encouraged to call: (02) 9382 3720 or email:**  
[TMSandDCS@unsw.edu.au](mailto:TMSandDCS@unsw.edu.au).