Bipolar Disorder: The essential psychological toolkit

6 CPD Points

Duration
6-hours
Plus morning tea, lunch and afternoon tea

Program Outline
In recent years, it has become apparent that the best outcomes for people with bipolar disorder are achieved by a multidisciplinary approach - psychologists working together with GPs and psychiatrists to coordinate and provide care. There is increasing evidence for the role of psychological treatments in preventing relapse and improving wellbeing for people with bipolar disorder. Our newly updated program, “Bipolar Disorder: The essential psychological toolkit” provides a practical, skills-based exploration of the psychological strategies most effective in supporting recovery and maintaining wellness in bipolar disorder.

Accreditation
6 Hours CPD

Suitable for
Psychologists, counsellors, social workers and other mental health professionals.

Topics Covered
- Topic 1: Diagnosis & Assessment
- Topic 2: Treatment
- Part 1: Medication
- Part 2: Psychological
- Part 3: Wellbeing Plans
- Topic 3: Role of the carer

Learning Objectives
- Develop an understanding of the diagnostic issues relevant to bipolar and related disorders
- Develop an understanding of the goals and stages of treatment in bipolar disorder
- Develop an understanding of the role of psychological and pharmacological strategies in the overall management of bipolar disorder

Cost: $360

Register Online
Visit www.blackdoginstitute.org.au/psychologycalendar