Managing Bipolar Disorder
Focused Psychological Strategies, Category 1 - 40 CPD Points, 6 Hours CPD

Duration
6-hours
Plus morning tea, lunch and afternoon tea

Program Outline
The diagnosis and management of bipolar disorder presents many challenges to primary care clinicians. Our six hour highly interactive program explores the key issues and difficulties in the detection and treatment of bipolar disorder, equipping the clinician with the knowledge and skills required to deliver an integrated pharmacological and psychological approach best suited to the needs of people living with bipolar disorder.

Accreditation
- 40 RACGP QI&CPD Category 1
- 30 ACRRM PRPD
- Approved for Focussed Psychological Strategies CPD (FPS CPD)

Prerequisites
Completion of predisposing activity

Suitable for
GPs, Psychologists, Social Workers, Allied Health Professionals

Topics Covered
Topic 1 - Assessment and Diagnosis
Topic 2 - Pharmacological Management
Topic 3 - Recovery and wellness
Topic 4 - Diagnostic Dilemmas

Learning Objectives
- Identify the key features of bipolar disorder
- Assess patients presenting with depression for possible underlying bipolar disorder
- Undertake a risk assessment for patients with bipolar disorder
- List common co-morbid conditions that accompany bipolar disorder
- Outline the pharmacological management of bipolar disorder
- Delineate the role of psycho-education and psychological strategies in achieving and maintaining well-being in patients with bipolar disorder

Cost: $360

To Register