Volunteer Community Presenter

Putting health in mind
1. ABOUT THE BLACK DOG INSTITUTE

Founded in 2002, The Black Dog Institute is a not-for-profit Medical Research Institute and a global leader in translational mental health research. We harness the latest technology and other tools to quickly turn our world-class research findings into clinical services education and e-health products that improve the lives of people with mental illness and the wider community. Our areas of strength include suicide prevention, e-mental health, workplace mental health, novel treatments and prevention in young people.

Our mission is to enable mentally healthier lives through innovations in science, medicine, education, public policy and knowledge translation.

Our values are a key part of our integrated approach and are a critical component of our organisational culture as they guide our decisions and behaviours. Institute staff and management have created and adopted the values of:

- Respect
- Compassion
- Excellence
- Collaboration
- Innovation

The Black Dog Institute is proud to offer a dynamic working environment for our staff. We are invested in maintaining a positive workplace culture which values people and their wellbeing. We offer a varied wellbeing program tailored to staff needs and provide opportunities to attend learning and development seminars, engage in health and fitness activities as well as social events. We also offer flexibility in working hours and promote a healthy work life balance.

2. JOB PURPOSE

The purpose of this position is to deliver mental health awareness presentations to educate and offer hope in the community. These highly visual and engaging PowerPoint presentations feature accurate information on identifying the symptoms of depression, anxiety and bipolar disorder, their causes, when/where to seek help and how to support someone you care about.
Through delivery of the Institute’s evidence-based community education programs and sharing of their story, the Community Education Presenter helps to:

- reduce stigma associated with mental illness
- encourage help seeking behaviours
- promote early intervention for people with mental illness
- build personal resilience

3. DUTIES

The Presenter is responsible for:

1. Travelling to and from the presentation venue and arriving on time, prepared to present;
2. High quality delivery of approved Black Dog Institute presentations to the community in various settings;
3. Sharing insights from personal experience of mental illness to support the aims of the program;
4. Maintaining both Institute directed and self-directed boundaries in relation to sharing personal stories;
5. Responding to the public’s questions in accordance with the Black Dog Institute’s policies and procedures;
6. Ensuring Presenter and audience evaluations are completed;
7. Participating in debriefing following a presentation;
8. Representing the Institute in a professional and responsible manner; and

Note: the list of responsibilities is not exhaustive and the Institute may change or request additional activities to meet the operational needs of the business

4. SELECTION CRITERIA

Essential Criteria

1. Personal experience with depression, anxiety or bipolar disorder
2. A willingness to share your story as part of a set presentation
3. Passionate about improving mental health and well-being
4. Experience in delivering presentations
5. Over 18 years of age
6. Availability to present approximately 10 presentations in a **12-month period**
7. Available to attend a full training day in Townsville, QLD on the 6 of March 2020