The trial of a new approach has the potential to turn some of this around.

**WHAT IS LIFESPAN?**

LifeSpan is a new, evidence-based, integrated approach to suicide prevention. It combines nine strategies that have strong evidence for suicide prevention into one community-led approach. LifeSpan aims to build a safety net for the community by connecting and coordinating new and existing interventions and programs, and building the capacity of the community to better support people facing a suicide crisis.

**GET INVOLVED**

- Undertake suicide prevention training
- Familiarise yourself with the services and support available in the community
- Look after yourself and support others when they need help

To find out how you can support this initiative and help make a difference, please visit [www.lifespan.org.au](http://www.lifespan.org.au)