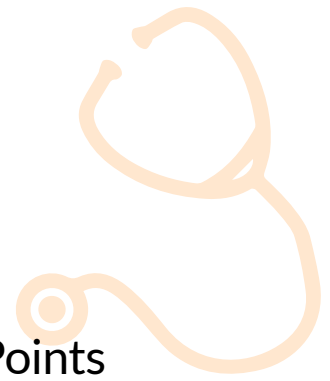


Depression Dilemmas

Mental Health Skills Training , Category 1, 6 CPD Points



Duration

6-hours
Plus morning tea, lunch and afternoon tea

Program Outline

Despite improved awareness and education, there are still some presentations of depression that are highly challenging for clinicians to manage in the primary care setting . Depression Dilemmas is a new interactive workshop that tackles areas of treating mood disorders that clinicians can find particularly demanding. Using case studies as the platform for learning, the program explores strategies to tackle depression in the context of alcohol use disorder, late life depression and depression that is failing to remit despite seemingly adequate treatment. Open to both general practitioners and psychologists, this advanced workshop also provides an opportunity for the two professions to interact, share each other's perspective and problem solve together.

Accreditation

- 40 RACGP QI&CPD Category 1
- 30 ACRRM PRPD
- Mental Health SKills Training (GPMHSC)
- 6 hours CPD (Psychologists)

Prerequisites

Completion of predisposing activity



Suitable for

GPs, Psychologists, Social Workers

Topics Covered

Topic 1 – Depression and alcohol
Topic 2 – Late life depression
Topic 3 – Difficult to treat depression

Learning Objectives

- Identify the interrelationship between depression and problem alcohol use
- Delineate the use of pharmacological and psychological treatments in the management of co-morbid depression and problem alcohol use
- Recognise common presentations of late life depression
- Develop a comprehensive management plan to treat late life depression
- List the common factors that underpin difficult to treat depression
- Use a systemic based approach to work through treatment options for the patient with difficult to treat depression
- The assessment and management strategies explored in the program are utilised to develop meaningful Mental Health Treatment Plans encompassing the unique context and needs of the individual.

Cost: \$360

To Register



Visit www.blackdoginstitute.org.au/gpcalendar or www.blackdog.org.au/psychologycalendar

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